

## How To Make a Referral

Call your local office  
Between the hours of  
**8:30 a.m. and 4:30 p.m.**  
**Monday to Friday**

During this initial contact, some brief information will be requested. An intake worker will then contact the client/family within a few days to complete an intake assessment (usually done by phone at an agreed upon time). Situations that are assessed during the initial contact as being in crisis receive immediate attention.

**Children over the age of 12 years  
may refer themselves  
or must consent  
to referrals made on their behalf.**

After a referral has been accepted, an initial assessment is completed to determine what therapeutic assistance would be most appropriate. Following this assessment, a family/child may receive service in one or more of our community-based programs described in this brochure.

**Referrals for all services  
are processed through  
our Centralized Intake Team**

*Children's Mental Health Services  
Is a Non-Profit Charitable Organization  
Governed by a Volunteer Community  
Board of Directors.*

**Funded by:  
The Ministry of Children and Youth Services**

# Children's Mental Health Services

Serving Children Youth and Families  
in Hastings and Prince Edward Counties

## **Belleville**

Administration Offices  
3 Applewood Drive  
Unit 300  
K8P 4E3

**613-966-3100**

Fax: 613-966-2744

## **Trenton**

84 Division Street  
P.O. Box 1258  
K8V 4W5

**613-392-4331**

Fax: 613-392-2283

## **Picton**

124 Main Street  
P.O. Box 7554  
K0K 2T0

**613-476-8252**

Fax: 613-476-2287

## **Madoc**

167 Durham Street, S.  
K0K 2K0

**613-473-1685**

Fax: 613-473-9950

## **Bancroft**

8 Hastings Street  
P.O. Box 88  
K0L 1C0

**613-332-3807**

Fax: 613-332-9976



**Email: [cmhsblvl@cmhs-hpe.on.ca](mailto:cmhsblvl@cmhs-hpe.on.ca)**

**Website: [www.cmhs-hpe.on.ca](http://www.cmhs-hpe.on.ca)**



*Serving Children, Youth and Families  
in Hastings and Prince Edward Counties*



*Working Towards  
a Brighter Future!*

*An Accredited  
Children's Mental Health Centre*

## MISSION STATEMENT

The mission of Children's Mental Health Services describes our purpose and what we hope to achieve as an organization.

Children's Mental Health Services in partnership with families and communities promotes the healthy emotional well-being of children and youth through a range of services and supports.

## VISION

The hopes and aspirations of Children's Mental Health Services are based on our vision for the future.

Our vision is a community that inspires the healthy social and emotional well-being of its citizens by supporting children, youth and families in their efforts to recognize their strengths, enhance capabilities, achieve goals and participate in community life.

## VALUES

The vision and mission of Children's Mental Health Services are shaped by a set of fundamental values. These beliefs guide directions, decisions and performance.

We value...

- Youth/family-based strategies
- Uniqueness and diversity
- Partnership and collaboration
- Excellence and innovation
- Continuous learning and quality improvement
- Accountability and integrity

## COMMUNITY SERVICES

Our Community Services include the following services to children & youth under the age of 18, provided by the locally based service teams:

- Assessment
- Individual, Family and Group Therapy
- Treatment and Prevention Groups
- Crisis Counselling
- Case Consultation Services
- Case Management and Referral
- Intensive In-Home Services
- Community Development and Education
- After Hours Crisis Consultation is available by calling your local office

### EARLY YEARS PROGRAM

Is a range of assessment, counselling strategies, intensive in-home parent training, and support group initiatives specifically to assist parents of children under the age of 7. The program, is provided locally in all five geographic areas as part of the Community Program. Some Early Years Services are delivered in partnership with other locally based service providers.

### INTENSIVE IN-HOME

Is an intensive in-home parent training program where a Child and Youth Worker attends the client's home during regularly scheduled identified high stress times during a six to eight week time frame to teach the family appropriate behaviour management and coping skills.

Each CMHS Office is staffed by a team of professionals who are responsible for providing a wide range of therapeutic services to children and families. The service principles of the organization reflect a philosophy of service provision that is:

- Client Focused
- Community-Based
- Responsive to Needs
- Available in all Geographic Regions

## RESIDENTIAL SERVICES

### Our Residential Treatment Facility

#### HONEYWELL HOUSE

Is a highly structured staff model treatment program, which is located close to Belleville. This program is for young people between the ages of 8 to 15 who are experiencing emotional and/or behavioural difficulties at home, school and in the community.

Treatment includes:

- Milieu Therapy
- Individual Counselling
- Group Counselling
- Parents-In-Residence Programs
- Intensive parental involvement is required



The goal for this program is to reintegrate the young person into their home and school following an average stay of 14 to 90 days.

The Hastings and Prince Edward District School Board provides an on-site Section Classroom, staffed by a full-time Teacher, Educational Assistant and Child and Youth Worker to meet the educational needs of the young people participating in the residential program.

### PSYCHIATRIC & PSYCHOLOGICAL SERVICE

#### Consultation, Assessment, Treatment

These services are available when deemed appropriate for the client.