

CMHS/HPEDSB/ALCDSB Extended Day Treatment Program

Program Screener

The following information is intended to provide guidance and assistance to individuals in informing their decision to refer children/youth and their families to the Extended Day Treatment program.

Basic Criteria to initiate a referral:

- Child/Youth is registered in Hastings Prince Edward District School Board (HPEDSB)/Algonquin Lakeshore Catholic District School Board (ALCDSB)
- Child/Youth is in grade 1 to 8

Children/youth should not be referred if (any of the following 3 conditions exist):

- Child/Youth has been diagnosed with or suspected of a diagnosis of Autism Spectrum Disorder
- Child/Youth has been diagnosed with or suspected of a diagnosis of an Intellectual disability
- Child/Youth has been diagnosed with or suspected of a diagnosis of Fetal Alcohol Spectrum Disorder

Child/Youth's concerns/presentation:

- Child/Youth experience severe, complex, and/or chronic/persistent mental health problems that significantly impair their functioning in home, school and in the community
- Child/Youth presents with social, emotional and/or behavioural needs exceeding their capacity to be successful in their educational program despite concurrent implementation of school-based interventions due to their primary need for mental health treatment and education plan.

- Child/Youth demonstrates the basic skills needed to benefit from the therapeutic interventions used in a group environment, and in accordance with the mental health services model (Mindfulness, SkillStreaming, Motivational Interviewing, STEP Parenting).
- Child/Youth demonstrates the basic skills and ability to manage their behaviours/classroom expectations through the implementation of program interventions (ie. verbal prompts, social cuing, modeling, positive reinforcement, visual schedules) in the absence of physical restraint.
- Child/Youth demonstrates the willingness and ability through self-regulation to integrate and learn safely with other children/youth
 - No evidence of extreme violent behaviours towards others or a history of aggression resulting in medical harm to others for which they have not demonstrated some form of remorse and remediation, including mental health treatment.

For Board of Education initiated referrals only:

- Specialized strategies and interventions have been tried within the classroom as outlined in the child/youth's Individual Education Plan (IEP).
- A Learner Profile will be completed and approved by the respective System Lead for that Board of education (HPEDSB or ALCDSB).

Family commitment:

- Child/Youth and Family are willing and able to engage and work cooperatively and collaboratively with Children's Mental Health Services and HPEDSB / ALCDSB
- Child/Youth and Family voluntarily commit to participate in all aspects of the Extended Day Treatment program, as outlined in the program's brochure
- Child/Youth and Family voluntarily commit to communicate daily with Day Treatment program staff and attend a minimum of 2 family (1coaching session with EDT CYW, 1 therapy session with CFT) sessions per week